



Japanese Menopause Society Member Country Session

Date: Tuesday 28 September 2010

Time: 07.30am – 08.30am

Session Chair: A. Wakatsuki, MD, T. Kubota, MD

Session Title: Women's Life Stage and Their Healthcare: What should JMS do?

Speakers:

H. Mizunuma, MD, K. Takamatsu, MD, S. Obayashi, MD

Language: Japanese

ABSTRACT

Women's life stage and their healthcare: what JMS should do?

Mizunuma H., MD (President of JMS), Takamatsu K., MD (Director of JMS),
Obayashi S., (Chief secretary of JMS)

The word 'climacteric syndrome' had been used in Japan for women around 50 years old when they visited doctors with indefinite symptoms. In our community, 'climacterium' was a symbol of declining of women's physical and mental condition and most healthy women hated to be called climacteric. Japan Menopause Society (JMS) was established in 1992 and started to serve the community by fostering development and progress of the basic science and clinical technology of menopausal medicine. Since then, the concept of 'climacterium' or 'climacteric syndrome' has been properly recognized and gradually accepted by our community and our activities have been growing one of the most important ones for maintaining menopausal women's health.

The accumulation of much evidence-based knowledge urges us to consider women's healthcare from the deeper point. We know that many postmenopausal diseases have their origin in younger age. The good example is that the incidence of metabolic syndrome is quite higher in women who had gestational diabetes or pregnancy induced hypertension. During the past decade, the goal of climacteric medicine has expanded from 'cure of symptoms' to 'prevention of diseases', particularly diseases related to estrogen deficiency and aging. In this sense, JMS is facing to create a new mission of serving our community by providing new technology, which supports not only climacteric period but also all through women's life. Thus, JMS is aiming to establish the concept of Women's Medicine by which we can manage women's health throughout their whole life. We hope Women' Medicine grows from the matrix of the 3 fields in obstetrics and gynecology to the fourth independent axis.

In this session, we are planning to discuss on what women's health is, and what and how JMS should do for reaching this goal. Also we will discuss our framework to cooperate with Asian countries.